



# BAY AREA STROKE SUPPORT GROUP

*For stroke survivors and their families and friends*

The Bay Area Stroke Support Group was formed to provide support and information for individuals who have had a stroke. Family members are encouraged to attend. This group meets the second Tuesday of every other month.

Speakers will be arranged for each meeting on topics such as dietary issues, recreational resources, caregiver issues, community resources, aphasia and respite care.

*For more information about McLaren Bay Region services and other support groups, visit our website at [www.mclaren.org/bayclasses](http://www.mclaren.org/bayclasses).*

*Please call (989) 667-6736 to pre-register for the support group meetings.*

## 2019 DATES

- February 12
- April 9
- June 11
- August 13
- October 8
- December 10

## TIME

1pm - 2pm

## LOCATION

Center for Rehabilitation  
McLaren Bay Region - West Campus  
3190 E. Midland Road  
Bay City, MI 48706

## COST

FREE