



BREAST CANCER EDUCATION SERIES

The Breast Cancer Support Group at McLaren Bay Region proudly offers a Breast Cancer Education Series for new patients, caregivers, and survivors. Join us for a presentation and answer session of a topic related to breast cancer. During this program, you are welcome to listen, ask questions, or participate if you desire.

All meetings will be held in the conference room at the Health Pavilion, 3175 W. Professional Drive, located on McLaren Bay Region's West Campus. Guests are welcome to join you! RSVP requested, but not required to Colleen at (989) 667-6357.



TARI STULL, MD, FACS



COLLEEN WOODS, RN, BSN

Breast Surgeon Tari Stull, MD, FACS and Breast Health Navigator Colleen Woods, RN, BSN will be your hosts for the meeting and will also be available to answer any individual questions you may have.

**THURSDAY, JANUARY 3, 2019
AT 6:00 P.M.**

CHAIR YOGA

Speaker: Beth Trahan, Recreation Coordinator Bay County

Experience Chair Yoga....a restorative yoga class while seated in a chair. Emphasis on stretching, basic yoga postures, balance, breathing and meditation. Good for all levels of physical fitness.

**THURSDAY, FEBRUARY 7, 2019
AT 6:00 P.M.**

BREAST CANCER SURVIVORSHIP AND WELLNESS

Speaker: Brooke Trotter, MD, MPH, Radiation Oncology

Join Dr. Trotter as she discusses survivorship and managing mental and physical health after cancer treatment.

**THURSDAY, MARCH 7, 2019
AT 6:00 P.M.**

FAMILY HISTORY AND CANCER PREVENTION: THE LINK TO BETTER OUTCOMES

Speakers: Genetic Expert, Myriad Genetics; Sara Schabel and Kim Guilds

Join us as the guest speaker will discuss genetic counseling and testing, who meets criteria and possible implications of positive results. You will also hear a testimonial from sisters, Sara Schabel and Kim Guilds, on how a positive BRCA mutant gene has affected their lives.