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1 ■ 7 p.m.
Methodist Church
• Mt. Pleasant

8 ■ 7 p.m.
Wesleyan Church
Midland

15 ■ 7 p.m.
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Easton

and remember the lives
of the lighting ceremony and
immediately following.

For more information on these programs at no
charge, call us if you are planning to attend
at 53-1437.

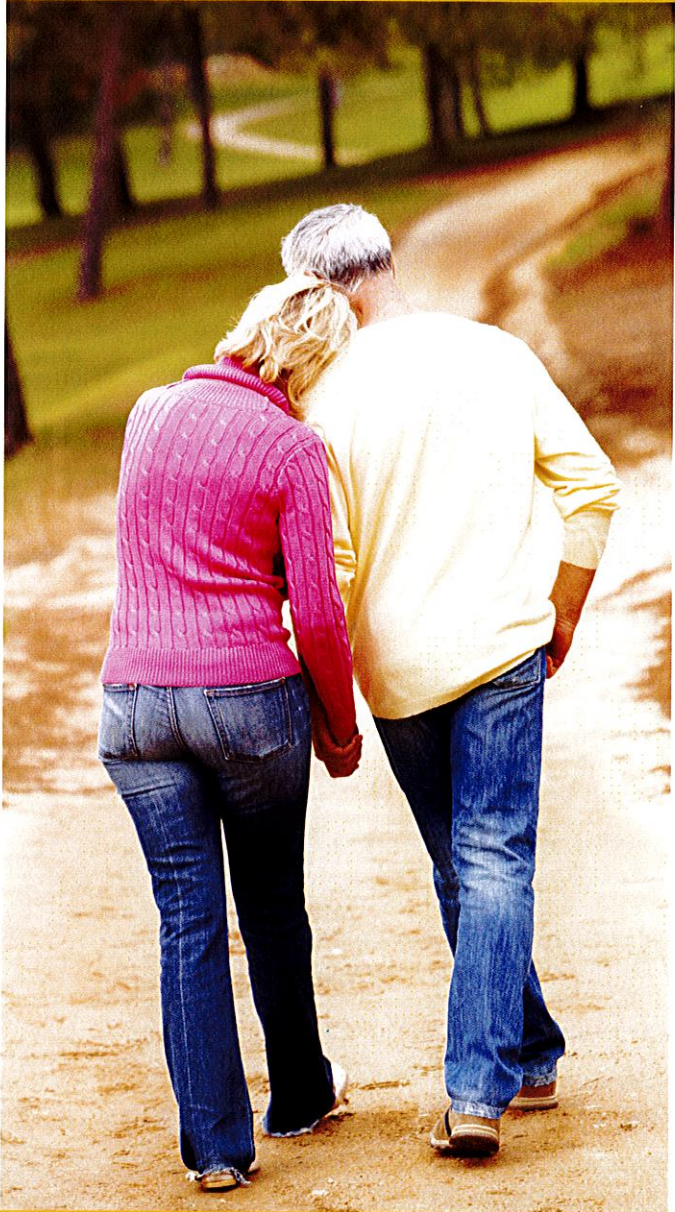
Bereavement services offered
free (800) 862-5002.

MidMichigan Health

MIDMICHIGAN HEALTH SYSTEM

MidMichigan Home Care

2018 Bereavement Support Schedule



M | MidMichigan Health

Structured Grief Support

Understanding Grief Six Week Series

This six weeks series provides adults with both information to help them gain a realistic understanding the grieving process and support from others who share this significant life event.

Wednesday Afternoons

Jan. 10 - Feb. 14 ■ 2:30 - 4 p.m.

MidMichigan Home Care

3007 N. Saginaw • Midland

Wednesday Evenings

May 2 - June 6 ■ 6 - 7:30 p.m.

MidMichigan Medical Center - Midland

Room 1128, 4000 Wellness Drive • Midland

Ongoing Groups for Special Populations

These groups follow the same format, providing ongoing support but are specific to some unique aspects of grief.

Women's Grief Support Group

This group focuses on grieving as a women and is specific to those experiencing spousal/partner losses.

First Thursday of Each Month ■ 6 - 7:30 p.m.

MidMichigan Medical Center - Midland

Room 1128, 4000 Wellness Drive • Midland

Men's Grief Support Group

This group focuses on coping with grief as a man and is specific to those experiencing spousal/partner losses.

Second Monday of Each Month ■ 6 - 7:30 p.m.

MidMichigan Medical Center - Midland

Room 1128, 4000 Wellness Drive • Midland

Suicide Loss Support Group

This group focuses on those who have lost a loved one who has died by suicide.

Wednesday, Jan. 10 ■ 6 - 7:30 p.m.

Wednesday, March 14 ■ 6 - 7:30 p.m.

Wednesday, May 9 ■ 6 - 7:30 p.m.

Wednesday, July 11 ■ 6 - 7:30 p.m.

Wednesday, Sept. 12 ■ 6 - 7:30 p.m.

Wednesday, Nov. 14 ■ 6 - 7:30 p.m.

Woodland Hospice House

2597 S. Meridian Road • Mt. Pleasant

Senior Services Grief Support Group

This group facilitates seniors helping seniors as they heal through the loss of a loved one.

Second Thursday of Each Month ■ 1 - 2:30 p.m.

MidMichigan Medical Center - Midland

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7:30 p.m.

DS

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welcome to join
d as long as they need.
y calling (989) 633-1437

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6 - 7:30 p.m.

Group
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